

*Noxena*  
to  
*Our Lady of Mount Carmel*  
(July 16<sup>th</sup>)  
*To be prayed July 8 to 16, or at other times of the year*



**Our Lady of Mt. Carmel Parish**  
1200 East 21<sup>st</sup> Street  
Ashtabula, OH 44004

## **OUR LADY OF MOUNT CARMEL**

Carmel is a Hebrew word which signifies garden or garden land. Mount Carmel is a well-known mountain ridge in Palestine, which is mentioned many times in the Old Testament. Refreshed by its nearness to the Mediterranean Sea and its abundance of dew, Mount Carmel was regarded as a singularly beautiful spot. Woody summits, twisting, sunken caverns contributed much to make Mount Carmel an ideal home for the prophets who were the glory of ancient Israel. Not without the strongest foundation is it believed that the prophets Elijah and Elisha resided on this sacred mountain (*see 1 Kings and 2 Kings*).

A tradition has been maintained by the order of Our Lady of Mount Carmel that a succession of hermits and monks have lived uninterruptedly on Mount Carmel since the days of Elijah and Elisha. However true this may be, there is no question that the feast of Our Lady of Mount Carmel was instituted by the Carmelites somewhere between the years 1376 and 1386. The feast was assigned to July 16<sup>th</sup>, because on that date, according to the Carmelite tradition, in the year 1251, Our Lady appeared to St. Simon Stock with the scapular of the order in her hand. As the patroness of the Carmelite order, it is related, the Blessed Virgin appeared to their general, St. Simon, holding the scapular which she gave to him with the words: "This shall be the privilege for you and for all Carmelites that anyone dying in this habit shall be saved." Greatly impressed by the account, many Englishmen, such as King Edward II, Henry, Duke of Lancaster and other nobles secretly wore the Carmelite scapular under their clothing until death.

Does the privilege which the Blessed Virgin granted refer to the small Carmelite scapular as well as to the habit? Certainly it is a reliable tradition that Mary promised her help to all who form a spirit of devotion to her would wear her habit or badge until death, and thus as it were be affiliated to the Carmelite order. For the privilege itself emphatically declared that all who wore the scapular would enjoy the special protection of the Mother of God at the hour of death. Impossible to deny are the countless instances, even in recent times, which proclaim the miraculous assistance assured pious wearers of the scapular in the very gravest perils of soul and body. The best known, most celebrated, and most widespread of the small scapulars, the scapular of Our Lady of Mt. Carmel, is worn, not as a presumptuous reliance on our Lady, nor as a miraculous charm, but as a badge of the faithful servant who hopes confidently for Mary's protection from the everlasting fire.

The feast of Our Lady of Mt. Carmel, July 16<sup>th</sup>, therefore, is the Church's testament of approval. Allowing as she does, the order of Carmelites to include in the office of the feast mention of their tradition that Elijah was their founder, the Church thereby silences the critics who would question the antiquity of its foundation. But the object of the feast remains for the universal Church no less than a special appeal for Mary's love and protection.

### **Suggested Scripture readings**

Genesis 3:9-20  
Genesis 12:1-7  
2 Samuel 7:1-16  
1 Chronicles 15:3 - 16:2  
Proverbs 8:22-31  
Sirach 24:1-21  
Isaiah 7:10 - 8:10  
Isaiah 9:1-6  
Isaiah 61:9-11  
Micah 5:1-4  
Zechariah 2:14-17  
  
Acts 1:12-14  
Revelation 11:19 - 12:10  
Revelation 21:1-5  
Romans 5:12-19  
Romans 8:28-30

Galatians 4:4-7  
Ephesians 1:3-12  
  
Matthew 1:1-23  
Matthew 2:13-23  
Matthew 12:46-50  
Luke 1:26-38  
Luke 1:39-47  
Luke 2:1-14  
Luke 2:15-19  
Luke 2:27-35  
Luke 2:41-52  
Luke 11:27-28  
John 2:1-11  
John 19:25-27

**NOVENA PRAYERS**  
**in honor of**  
**OUR LADY OF MT. CARMEL**

Leader: Let us all rejoice in the Lord.

ALL: Let us rejoice in celebrating the feast day of the Blessed Virgin Mary, in whom the angels rejoice, and praise the Son of God.

Leader: O God, who did adorn the Order of Carmel with the singular title of the most Blessed ever Virgin Mary, may we who celebrate the commemoration of the Blessed Virgin of Mount Carmel, by the power of her intercession, attain eternal happiness and peace. We ask this through Christ our Lord.

ALL: Amen.

**Litany of the Blessed Virgin Mary**

Leader: O most worthy Queen of the world, make haste to help us.

ALL: From the hands of the enemy, defend us.

Leader: Glory to the Father, and to the Son, and to the Holy Spirit.

ALL: As it was in the beginning, is now, and will be forever. Amen. Alleluia.

**LITANY OF THE BLESSED VIRGIN**

**LEADER**

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Jesus, hear us.

God, the Father of Heaven,

God, the Son, Redeemer of the world,

God, the Holy Spirit,

Holy Trinity, One God,

Holy Mary,

Holy Mother of God,

Holy Virgin of virgins,

Mother of Christ,

Mother of divine grace,

Mother most pure,

Mother most chaste,

Mother inviolate,

Mother undefiled,

Mother most amiable,

Mother most admirable,

Mother of good counsel,

Mother of our Creator,

Mother of our Savior,

Virgin most prudent,

Virgin most venerable,

Virgin most renowned,

**ALL**

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Jesus, graciously hear us.

have mercy on us.

have mercy on us.

have mercy on us.

have mercy on us.

pray for us.

pray for us.

pray for us.

pray for us.

pray for us.

pray for us.

pray for us.

pray for us.

pray for us.

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pray for us.

pray for us.

pray for us.

pray for us.

pray for us.

pray for us.

Virgin most powerful,	pray for us.
Virgin most merciful,	pray for us.
Virgin most faithful,	pray for us.
Mirror of justice,	pray for us.
Seat of wisdom,	pray for us.
Cause of our joy,	pray for us.
Spiritual vessel,	pray for us.
Vessel of honor,	pray for us.
Singular vessel of devotion,	pray for us.
Mystical rose,	pray for us.
Tower of David,	pray for us.
Tower of ivory,	pray for us.
House of gold,	pray for us.
Ark of the covenant,	pray for us.
Gate of heaven,	pray for us.
Morning star,	pray for us.
Health of the Sick,	pray for us.
Refuge of sinners,	pray for us.
Comforter of the afflicted,	pray for us.
Help of Christians,	pray for us.
Queen of Angels,	pray for us.
Queen of Patriarchs,	pray for us.
Queen of Prophets,	pray for us.
Queen of Apostles,	pray for us.
Queen of Martyrs,	pray for us.
Queen of Confessors,	pray for us.
Queen of Virgins,	pray for us.
Queen of all Saints,	pray for us.
Queen conceived without original sin,	pray for us.
Queen assumed into heaven,	pray for us.
Queen of the most holy Rosary,	pray for us.
Queen of Peace,	pray for us.
Lamb of God, who takes away the sins of the world,	<b>spare us, O Lord,</b>
Lamb of God, who takes away the sins of the world,	<b>graciously hear us, O Lord.</b>
Lamb of God, who takes away the sins of the world.	<b>have mercy on us.</b>
Pray for us, O holy Mother of God.	<b>That we may be made worthy of the promises of Christ.</b>

## Novena Prayers

### First Day (July 8)

O Beautiful Flower of Carmel, most fruitful vine, splendor of heaven, holy and singular, who brought forth the Son of God, still ever remaining a pure virgin, assist us in our necessity! O Star of the Sea, help and protect us! Show us that you are our Mother!

*(pause and mention petitions)*

**Our Father**, who art in heaven, hallowed be thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

**Hail Mary**, full of grace, the Lord is with you. Blessed are you among women and blest is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now, and at the hour of death. Amen.

**Glory** to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and will be forever. Amen. (Alleluia.)

Our Lady of Mount Carmel, pray for us.

### Second Day (July 9)

Most Holy Mary, Our Mother, in your great love for us you gave us the Holy Scapular of Mount Carmel, having heard the prayers of your chosen son Saint Simon Stock. Help us now to wear it faithfully and with devotion. May it be a sign to us of our desire to grow in holiness.

*(pause and mention petitions)*

Say: Our Father, Hail Mary and Glory Be

Our Lady of Mount Carmel, pray for us.

### Third Day (July 10)

O Queen of Heaven, you gave us the Scapular as an outward sign by which we might be known as your faithful children. may we always wear it with honor by avoiding sin and imitating your virtues. Help us to be faithful to this desire of ours.

*(pause and mention petitions)*

Say: Our Father, Hail Mary and Glory Be

Our Lady of Mount Carmel, pray for us.

### Fourth Day (July 11)

When you gave us, Gracious Lady, the Scapular as our Habit, you called us to be not only servants, but also your own children. We ask you to gain for us from your Son the grace to live as you children in joy, peace and love.

*(pause and mention petitions)*

Say: Our Father, Hail Mary and Glory Be

Our Lady of Mount Carmel, pray for us.

### Fifth Day (July 12)

O Mother of Fair Love, through your goodness, as your children, we are called to live in the spirit of Carmel. Help us to live in charity with one another, prayerful as Elijah of old, and mindful of our call to minister to God's people.

*(pause and mention petitions)*

Say: Our Father, Hail Mary and Glory Be

Our Lady of Mount Carmel, pray for us.

**Sixth Day** (July 13)

With loving provident care, O Mother Most Amiable, you covered us with your Scapular as a shield of defense against the Evil One. Through your assistance, may we bravely struggle against the powers of evil, always open to your Son Jesus Christ.

*(pause and mention petitions)*

Say: Our Father, Hail Mary and Glory Be  
Our Lady of Mount Carmel, pray for us.

**Seventh Day** (July 14)

O Mary, Help of Christians, you assured us that wearing your Scapular worthily would keep us safe from harm. Protect us in both body and soul with your continual aid. may all that we do be pleasing to your Son and to you.

*(pause and mention petitions)*

Say: Our Father, Hail Mary and Glory Be  
Our Lady of Mount Carmel, pray for us.

**Eighth Day** (July 15)

You give us hope, O Mother of Mercy, that through your Scapular promise we might quickly pass through the fires of purgatory to the Kingdom of your Son. Be our comfort and our hope. Grant that our hope may not be in vain but that, ever faithful to your Son and to you, we may speedily enjoy after death the blessed company of Jesus and the saints.

*(pause and mention petitions)*

Say: Our Father, Hail Mary and Glory Be  
Our Lady of Mount Carmel, pray for us.

**Ninth Day** (July 16)

O Most Holy Mother of Mount Carmel, when asked by a saint to grant privileges to the family of Carmel, you gave assurance of your Motherly love and help to those faithful to you and to your Son.

Behold us, your children.

We glory in wearing your holy habit, which makes us members of your family of Carmel, through which we shall have your powerful protection in life, at death and even after death.

Look down with love, O Gate of Heaven, on all those now in their last agony!

Look down graciously, O Virgin, Flower of Carmel, on all those in need of help!

Look down mercifully, O Mother of our Savior, on all those who do not know that they are numbered among your children.

Look down tenderly, O Queen of All Saints, on the poor souls!

*(pause and mention petitions)*

Say: Our Father, Hail Mary and Glory Be  
Our Lady of Mount Carmel, pray for us.

## ADDITIONAL PRAYERS OF THE NOVENA

Glorious Mother of our Savior, Virgin without stain, Our Lady of Mt. Carmel, special protectress of all those who invoke you, I humbly beg you, by the glory that has been shown you by the Savior of mankind, to commend me to Him, that I may one day be made a sharer of His glory.

Vouchsafe, I beg of you, to accept this Novena which I dedicate to you: (*Here make your intention.*) You are the mediatrix of all graces; deign to intercede for me that heaven's graces may be mine. You are the Mother of my Lord; bring Him close to me, so that my every intention may be sanctified by His Presence. O Lady of Carmel, Long ago you did promise the might of heaven to those who honor you; this day I offer you my humble service.

1. O BREAD OF LIFE, O Lord of love.  
Give us the strength that is your light,  
For you are Christ, the living God,  
And in your grace we find our might.
2. Divine Redeemer, Lord of life,  
Teach us to choose the better part;  
To choose yourself, the lasting bread,  
Our only need of mind and heart.

O most beautiful flower of Mount Camel, fruitful vine, splendor of heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in this necessity. O star of the sea, help me, and show me herein you are my Mother. O holy Mary, Mother of God, Queen of heaven and earth, I humbly beseech you from the bottom of my heart, to succor me in this necessity; there are none who can withstand your power.

O show me herein you are my Mother.

O Mary, conceived without sin, pray for us who have recourse to you. Sweet Mother, I place this cause in your hands.

1.  
HUMBLY LET US VOICE OUR HOMAGE

For so great a Sacrament;  
Let all former rites surrender  
To the Lord's New Testament;  
What our senses fail to fathom,  
Let us grasp through faith's consent.

2.  
Glory, honor, adoration  
Let us sing with one accord;  
Praised be God, almighty Father;  
Praised be Christ, his Son, our Lord;  
Praised be God the Holy Spirit;  
Triune Godhead be adored. Amen.

## DIVINE PRAISES

Blest be God.  
Blest be his holy name.  
Blest be Jesus Christ, true God and true man.  
Blest be the name of Jesus.  
Blest be his most sacred heart.  
Blest be his most precious blood.  
Blest be Jesus in the most holy Sacrament of the altar.  
Blest be the Holy Spirit, the Consoler.  
Blest be the great mother of God, Mary most holy.  
Blest be her holy and immaculate conception.  
Blest be her glorious assumption.  
Blest be the name of Mary, virgin and mother.  
Blest be St. Joseph, her most chaste spouse.  
Blest be God in his angels and in his saints.

### **“Gran Signora”**

#### **verses:**

1. Gran Signora della terra,  
vero sol del paradiso,  
voglia noi ridente il viso  
nell' esilio del dolo. *[to refrain]*
2. La tua Santa fratallanza  
ci promette il paradiso.  
la bellezza del su' sorriso  
ci' apre il regno del Signore. *[to refrain]*
3. Tu protegge, tu difende  
tutto figli del Carmelo.  
tu Regina a del Carmelo.  
benedica nostro amore! *[to refrain]*

#### **Refrain:**

Genitrice dell' eterno,  
Genitrice dell' eterno,  
Sposa e figlia al Re del cielo,  
Madre Santa del Carmelo,  
Benedica il nostro amore;  
Benedica, Benedica il nostro amore.

*The following is an English translation of the words of the "Gran Signora" song*

1. Great Lady of the earth,  
True Sun of Paradise,  
Receive us with your smiling face  
in our exile of sorrow. *[to refrain]*
  
2. Your Holy Brotherhood  
Promises Paradise to us.  
The beauty of your smile  
Opens for us the reign of the Lord. *[to refrain]*
  
3. You protect, you defend  
all the children of Mount Carmel.  
You are the Queen of Mount Carmel.  
Bless our love! *[to refrain]*

**Refrain:**

Generatrix of the Eternal One,  
Generatrix of the Eternal One,  
Bride and Daughter of the King of Heaven,  
Holy Mother of Mount Carmel,  
Bless our love;  
Bless our love!

